

BRUNCH (7.00am until 12.00)

Full English breakfast	£9.50
Homemade beans on thick buttered toast (v)	£5.95
Lancashire bacon or sausage butty / with free range egg	£5.95 / £6.95
Eggs Benedict, gammon, hollandaise sauce, muffin	£7.50
Eggs Benedict, smoked salmon, hollandaise sauce, muffin	£8.50
Open faced ham & cheese omelette	£6.95
Waffles, maple syrup, crispy bacon	£4.95
Pastry basket:	
Muffin, toast, croissant, Danish plus preserves.	£4.95

WINE & DINE MENU

A freshly cooked gourmet two course dinner available Mon- Thurs
6.00 – 9.30pm
Inc. Glass of wine
£13.95

V – SUSHI

Opening Hours: 12.00 – 3.00pm / 6.00 – 9.30pm
(10.00pm Fri/ Sat)

JAPANESE MIX

Steamed Edamame Beans with Sea Salt	£3.95
Sautéed Spicy Edamame Beans with Japanese Chilli	£3.95
Tom Yam Kai Soup with Chicken	£5.95
Western Tuna Sashimi, Pickled Cucumber and Ginger Salad	£6.95
Miso Soup	£3.95

ALL DAY MENU (12.00 until 9.30pm (10.00pm Fri/Sat))**LIGHT BITES (Available 12.00 until 5.00pm)**

Soup and sandwich	£7.95
Miso soup and sushi	£7.95
Tom yam kai soup and sushi	£9.95
Welsh rarebit (v)	£5.95
Vincent turkey, bacon and avocado club	£7.50
Mozzarella and sundried tomato wrap with basil and rocket (v)	£6.95
Tuna wrap, olives, tomatoes, red onions, boiled egg	£6.95

BREAD & APPETISERS

Bowl of olives – Kalamata & Boscaiola	£3.95
Garlic bread / cheese & tomato	£2.95/£3.50
Toasted focaccia bread, balsamic and olive oil	£2.95
Platter of cured meats, grilled haloumi and olives to share	£9.95

SMALL

Homemade soup of the day, bread	£3.95
Penne pasta Michelangelo, seasonal mushrooms	£6.95/£10.95
Linguine alla campagnola, tomato and vegetables	£6.95/£9.95
Smoked salmon, toasted muffin, honey mustard dressing	£5.95
Liver parfait, homemade chutney, brioche	£5.95
Tomato and mozzarella with fresh basil and aged balsamic	£5.95
Pil-Pil of prawns with garlic and chilli, toasted Focaccia	£7.50
Red onion and goats cheese tart; rocket leaves (v)	£5.95

LARGE

Fish n' chips with minted pea puree, tartare sauce	£11.95
Sirloin steak, French fries, mushroom, Béarnaise sauce	£16.95
Scallops, cauliflower couscous, carrots, caper nage	£16.95
Atlantic cod, shrimp and lemon butter, bubble and squeak	£15.95
Mustard crusted brill, spring onion & potato salad, with gravadlax sauce	£15.95
Liver and bacon, mashed potatoes, saffron apple jus	£11.95
Slow roast belly of pork, watercress mash, confit carrot	£12.95
Lamb chops, creamy spinach, Bombay potatoes, condiments	£15.95
Beef burger with cheese, chorizo, fries and crispy bacon.	£12.95
Corned Beef Hash, Beans, Bacon & Fried Egg	£10.95
Chargrilled Chicken & Haloumi Skewers, Wild Rice & Mango Salsa	£13.95

PIES

Steak & kidney pie, chunky chips, garden peas & gravy	£11.95
Fish pie, mash potato & cheese crust	£10.95

LIFE IS UNCERTAIN, EAT PUDDINGS

Chocolate cappuccino mousse with marshmallows	£5.50
Vanilla cheesecake with fresh raspberries	£5.50
Warm chocolate pudding with vanilla ice cream	£5.50
Trio of crème brulees	£5.95
Hazelnut rice pudding with nougat glaze	£5.50
Cheese plate with wine confit, quince jelly and biscuits	£7.50
Vincent surprise pudding platter for two to share	£14.95

FLAMING SMORES PUDDING

'Smoes board' - marshmallows, caramel & chocolate dips, cinnamon biscuits with vanilla ice cream.	£6.95
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SIDE ORDERS

Mashed potatoes	£2.95
Steamed vegetables basket	£2.95
Grilled Mediterranean vegetables	£2.95
Bubble and squeak	£2.95
French fries	£1.95
Battered onion rings	£2.50
Seasonal mixed leaves, lemon and olive oil dressing (v)	£2.50
Homemade Chunky chips	£2.95

SUSHI & SASHIMI PLATTERS

SMALL SUSHI(10 pieces): Nigiri of Tuna, Salmon, Sea bass, Prawn; 2 California Roll, 2 Salmon Avocado Roll, 2 Crisp Scallop Roll £17.95
LARGE SUSHI(18 pieces): Nigiri of Tuna, Salmon, Prawn, Sea bass, Yellow tail, Eel, 2 California Roll, 2 Salmon Avocado Roll, 4 Spicy Tuna Roll, 4 Crispy Prawn Roll. £29.95
Vegetable Sushi (8 piece): Nigiri of Bell Pepper, Carrot, Asparagus, Avocado, Cucumber, 3 Vegetable Maki £9.95

MAKI & TEMAKI

4 pieces of Maki or 1 piece of Temaki	Maki	Temaki
Vincent "Tempura" Special	£6.50	---
Crispy Prawn Roll	£5.00	£3.50
Crispy Soft- Shell Crab	£5.50	£4.50
Crispy Scallops	£5.50	£4.50
Spicy Tuna	£4.00	£3.50
California	£4.00	£3.50
Salmon Avocado	£4.00	£3.50
Tuna Avocado	£4.00	£3.50
Sweet Beef Roll	£5.50	---

SUSHI / SASHIMI A LA CARTE

A la Carte Orders are served with Wasabi, soy Sauce, Pickled Ginger

	SUSHI	SASHIMI
	1 Nigiri	3 slices
Prawn	£2.00	£4.00
Tuna	£2.50	£4.00
Sea Bass	£2.00	£4.00
Eel	£2.00	£4.00
Salmon	£2.00	£4.00
Yellow Tail	£2.50	£6.50
Flying fish Roe	£2.00	£4.50

All Prices are inclusive of VAT!

All Dishes May Contain Nuts. If you have any food allergies please inform us.

A 10% service charge will be added to parties of 10 or more (discretionary)